

NH Wellpoint Foundation

**WINTER
WALKING PROGRAM
AT
THE HAMPSHIRE DOME**



FREE Program For Residents Age 70+

From Amherst, Bedford, Brookline, Hollis, Lyndeborough,
Mason, Merrimack, Milford, Mont Vernon, and Wilton

Nov 7-Apr 12

10:00 am-1:00 pm

**Tuesday-Friday
CLOSED MONDAY**

Indoors On A Olympic Quality Cushioned Track

Check Daily Schedule at hampshiredome.com

To Confirm Track Is Open For Walking

Registration Required In Person:

Current NH License or Official ID



NH WELLPOINT
FOUNDATION

**The Hampshire Dome | Emerson Rd, Milford, NH
hampshiredome.com | 603.673.8123**