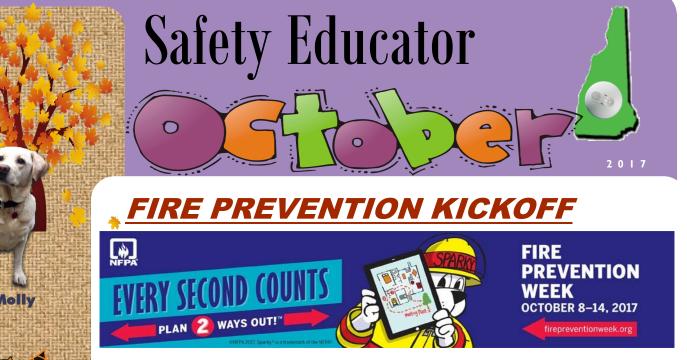
NH State Fire Marshal's Office



In a fire, seconds count. Seconds can mean the difference between residents of our community escaping safely from a fire or having their lives end in tragedy. That's why this year's Fire Prevention theme: "*Every Second Counts: Plan 2 Ways Out!*" is so important. It reinforces why everyone <u>needs</u> to have an escape plan.



• **Draw a map of your home** by using this grid in <u>English (PDF)</u> or <u>Spanish (PDF)</u> with all members of your household, marking two exits from each room and a path to the outside from each exit.

• **Practice your home fire drill** twice a year. Conduct one at night and one during the day with everyone in your home, and practice using different ways out.

• Teach children how to escape on their own in case you can't help them.

Make sure the number of your home is clearly marked and easy for the fire department to find.

Close doors behind you as you leave – this may slow the spread of smoke, heat, and fire.

Once you get outside, stay outside. Never go back inside a burning building.



WATCH VIDEO MESSAGES FROM SPARKY THE FIRE DOG BY CLICKING ON ANY VIDEO

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CREATE YOUR FAMILY SAFETY PLAN!



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Make sure everyone in YOUR home recognizes the sound of a smoke alarm as well as what to do in the event it goes off. Being prepared for home emergencies can help lessen fears and anxieties before, during and after an emergency. Include these topics as part of your safe escape planning. If you need help or have a question please contact your local fire department.

STEP ONE: KNOW TWO WAYS OUT OF EVERY ROOM

Every room should have two ways out. One way out would be the **door** and the second way out may be a **window**. If your first way out is blocked by fire or smoke you should use your second way out. Remember an emergency escape from a second story window may involve using a home fire safety ladder.



CREATE YOUR HOME ESCAPE PLAN MAP

STEP TWO: CREATE YOUR MAP

SAFETY EDUCATOR

Now that your family has created two ways out of every room and made sure that all doors and windows leading outside can easily open, it is time to create your: **ESCAPE PLAN MAP with TWO WAYS OUT OF EVERY ROOM!**

Home Fire Escape Plan	How to make a Home Fire Escape Plo
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STEP THREE: MEETING PLACE

Pick a safe meeting place OUTSIDE. A good meeting spot should be out in FRONT of the home.
It should be a safe distance from the home like a light pole, mailbox or neighbor's house.

PICKYOUR OUTSIDEMEETING PLACE

- Agree that everyone will meet at the meeting place.
- Talk about your meeting place and what everyone should do in the event of an emergency.
- If your exit involves the use of an escape ladder, follow manufacturer's instructions and practice with your child from the <u>FIRST FLOOR</u> window.



• Make sure your street number is properly placed and visible from the street.

STEP 4: PRACTICE!

LANGE OF SOUR 24/14

We all know that practice makes perfect. Now that you have created your <u>escape plan map</u> and established a <u>meeting spot</u>, it is time to practice your plan during the daytime AND nighttime hours to ensure that children know what to do in the event of an emergency no matter the time of day. **TEACH CHILDREN** HOW TO ESCAPE ON THEIR OWN.

GET OUTSIDE, STAY OUTSIDE. Call 9-1-1

IN THE EVENT OF AN EMERGENCY:

If the smoke alarm sounds, GET OUT AND STAY OUT. NEVER go back inside for people or pets.

- Close doors behind you as you leave.
- If you have to escape through smoke, **GET LOW** and **GO** under the smoke to the safest way out.
- Once at the meeting spot call 9-1-1. (Check out the September Issue for more on

calling 9-1-1)





LEARN MORE

J. William Degnan NH State Fire Marshal



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PUBLIC EDUCATION DIVISION: K9 District Chief: Stacey Dubois EDUCATORS: Mary MacCaffrie Amy McLaughlin

Sheryl Nielsen

Message from Fire Marshal Degnan:

This October Governor Sununu, myself, fire departments throughout the State of New Hampshire, as well as across the country, recognize October 8th - 14th as Fire Prevention Week. This year's FPW theme is, "*EVERY SECOND COUNTS… PLAN TWO WAYS OUT!*" This dedicated week provides educators,

and families, with the ideal opportunity to kick off a <u>yearlong</u> initiative to educate everyone on the importance of having an escape plan, a meeting place, getting out and staying out and then calling 9-1-1. This newsletter provides you with clear step by step information on how to create a solid escape plan with simple videos to watch.

Please take the time to create your escape plan map with two ways out of every room. Practice this plan with every family member. Hang the escape plan map where all can see (a refrigerator is a GREAT spot!). When it comes to the safety of you, your family and home, and any visitors, one can never be too safe! Should you have any questions please do not hesitate to contact your local fire department or the NH State Fire Marshal's Office.



Student & Parent Approved Websites

try one of these family fun fire and life safety websites! Just click a picture below to open the link and play. Have fun and be safe!









Any questions or comments regarding this newsletter please feel free to contact:

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